



PRACTITIONER EVALUATION POINTS

Was the setting professional and the practitioner dressed in a professional manner?

How was rapport established at the beginning of the session, and what did the practitioner do to make the client comfortable in the clinical setting

- Eye contact/smile
- Words of welcome – introductions
- Logistics – if first session – introduction of what will happen, where is the bathroom, etc
- Having a glass of water available for both client and practitioner
- Is client given the opportunity to initiate conversation? (Often the first words a client says give great clues to what's going on.)
- Discussion of confidentiality
- Other

Did the practitioner ask the client for specific areas to work on and did s/he use good questions and/or muscle testing to locate the core issue, define the aspects, and tap to resolve the issue in a knowledgeable manner?

How did the practitioner demonstrate presence with the client?

- Eye contact
- Active listening
- Reframing
- Mirroring
- Expression of compassion
- Rapport
- Meeting the client “where they are”
- Other

Did the practitioner explain to the client what to expect?

- Was the client asked what s/he already knew about MTT/EFT? (If first time)
- Was any theory explained?
- Were the set-up and the reminder phrase explained (if first time)?
- Did the client and practitioner do a practice round of tapping to ascertain that the client knew the tapping points? (If first time)
- Did the practitioner ask if the client had questions about the procedure, and, if so, were the questions answered accurately and confidently?
- If a new technique was introduced, did the practitioner explain what would happen?

Knowledge of MTT Techniques

Was there a core issue underneath the presenting issue, and, if so, how was that discovered and handled? What techniques were used?

- Detective work
- Reframing
- Flexibility/creativity

- Intuition
- Persistence

Did the practitioner maintain an attitude of compassion, non-judgment, and confidence throughout the session?

What specific techniques did the practitioner use to address the problem?

- Mechanical MTT/EFT
- Creative use of set-up statements and reminder phrases
- “Sneaking up on the problem”
- 9 Gamut Brain Integration, Gamut Point Clean-up, etc
- “Extra points” (ie. Fingers)
- Persistence
- Reframing
- Choices Method
- Use of resource states or replacement skills
- Movie or Tell the Story Technique
- Matrix or other EFT based techniques
- Testing

Did the practitioner demonstrate flexibility, following the client rather than leading, utilizing creativity and intuition in detective work and reframing?

Did the practitioner handle the issues that came up appropriately, and with confidence?

What methods of testing did the practitioner use in the session?

- SUDS
- Muscle testing
- Telling the story
- Movie Technique
- Imagining a future similar incident

If Reiki, Hypnotherapy, Ask and Receive or other integrative techniques were incorporated, was it done well?

At the end of the session did the practitioner review with the client the presenting issue and any changes that may have occurred?

Did the practitioner address homework, the Apex Effect, and giving the client closure for the session?

Was the session ethical in all ways?

- Did the practitioner perform within his/her current licensure and scope of practice, and was referral suggested if the issue was not within the practitioner’s scope of practice?
- Were appropriate boundaries maintained, including assurance of confidentiality, privacy, non-interruption of session, appropriate use of humor and testing procedures?
- Did the practitioner demonstrate integrity through honest presentation of self, respect for the client, and maintenance of an attitude of compassionate non-judgment?
- Did the practitioner avoid “giving advice” as to what the client should personally decide/do?
- Was the practitioner able to keep his/her own issues, agenda and personal stories out of the session?